Covid-19 Admission Standards

We are excited to welcome you back. In order to have our doors open we have some new health and safety protocols that are in place to prevent the further spread of COVID-19.

Please read carefully below to ensure you understand how you will be able to use the facility and take part in programs.

1. Try to plan your visit with minimal need for changing. Wear your bathing suit to the pool and home. If you need to change plan to wear something that is easy to change out and into to limit your time in the washroom area. There is only 1 person allowed in the washroom area at a time.

Change room area and showers are closed. You will have access to the washrooms only.

**The sauna shower will be used for rinsing off before entering the pool.**

1. Masks must be worn when inside the building. You can take your mask off to enter the pool, and then put it back on to exit the pool area.
2. You must arrive 15 minutes before your appointment to allow time for social distancing, use hand sanitizer, answer screening questions and be signed in with name and phone number.
3. Enter the building using the front entrance from the parking lot. Follow the arrows marked on the floor to move to the pool area and to exit. Exit the building by the fitness room and walk along the sidewalk on the side of the building back to the parking lot.